



DEER OAKS EAP SERVICES



Short Term Counseling

- 6-visits (per person, per issue, per 12 months)
- Visits can be utilized in 3 ways:
 - iConnectYou (Facetime app)
 - Face-to-face counseling
 - Telephonic counseling

Website

- LiveCONNECT-chat feature
- On demand seminars
- Newsletters
- Saving Center
- Resources

Alternate Modes of Support

- AWARE Stress Reduction Program
- Life Coaching
- cCBT

Alternate modes of support options DO NOT count against the 6-visit model

Work/Life Services

- Free Will preparation
- Legal/Financial Services
- Child/Eldercare Resources
- Daily Living/Convenience Services
- Take the Highroad Program

iConnectYou—Workplace Options

Download from app store of your iOS or Android device

- Enter first and last name and email address
- Create and confirm a password
- Enter cell phone number for app to use
- Enter company code: **148384**
- Select language and time zone
- Review license agreement
- Tap on the “Terms And Conditions”
- Tap “Register” to complete setup



Helpline: **888-993-7650**

Email: eap@deeroaks.com

Website: www.deeroakseap.com



Username: **utdallas**

Password: **utdallas**

iConnectYou App-Workplace
Options-code: **148384**

24/7/365 - CONFIDENTIAL SERVICES