

#### **AIG Retirement Services**

#### FUTUREFIT® FINANCIAL WELLNESS SERIES

# A Million Reasons to Get Started With The UT Voluntary Plans A million reasons to get started.

FutureFIT<sup>®</sup> for Life:

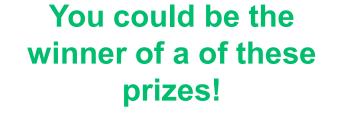


Bob Johnston, CLU, FLMI Retirement Plan Consultant

### Prizes



VAULT RFID SECURITY 15 IN COMPUTER BACKPACK





ECHO DOT BLUETOOTH SPEAKER



WIRELESS BENCHMARK EARBUDS



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#### FUTUREFIT® FINANCIAL WELLNESS SERIES

A Million Reasons to Get Started With The UT Voluntary Plans A million reasons

FutureFIT<sup>®</sup> for Life:



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### Agenda

"Adulting" can be hard

Setting up your personal budget

Why The UT Voluntary Plans

Establishing healthy financial habits

Enrolling in The UT Voluntary Plans

Action steps

### **Retirement Income**





UT Voluntary Savings Plans 403b and 457

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### Teacher Retirement System of Texas (TRS)

### Calculating the standard annuity

#### TRS uses the following formula:

- Total years of service X 2.3% = Total Replacement %
- Total % X average highest five-year salary = Annual Benefit
- Annual Benefit divided by 12 = Monthly Retirement Benefit

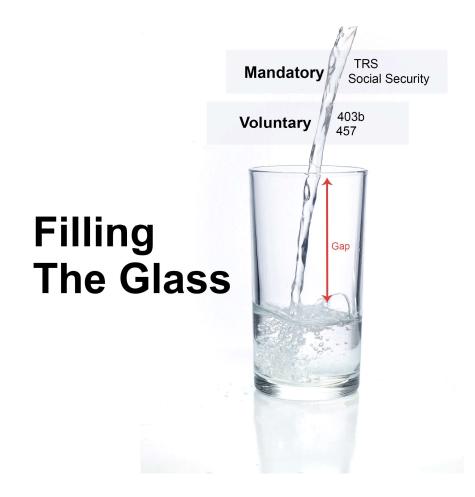
Example: Karen Rogers is an employee with 20 years of service. The average of her highest five years of salaries is \$40,000.00.

- 20 years of service X 2.3% = 46%
- 46% X \$40,000 = \$18,400 Annual Benefit
- \$18,400 divided by 12 = \$1,534 Monthly Retirement Benefit

Above is a hypothetical example. (Source: www.trs.texas.gov/January 2018 handbook)



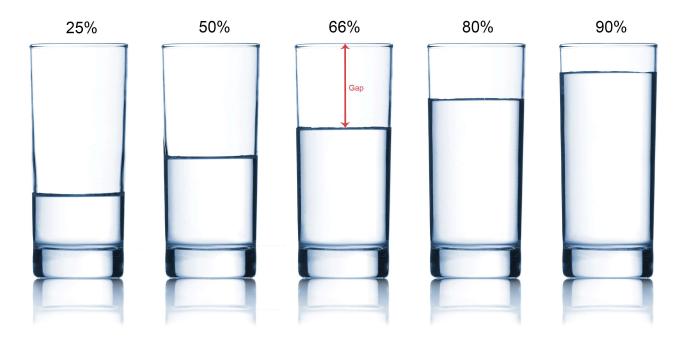
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# AIG

### Replacement Ratio Monthly Retirement Benefit



# "Adulting" can be hard.

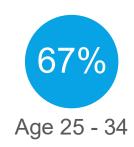
# "Adulting" can be really hard (1 of 4)



Age 18 - 24

# Your financial stress is real

Anxiety is highest for young adults Percent who say: **"Thinking about my personal finances can make me feel anxious."** 





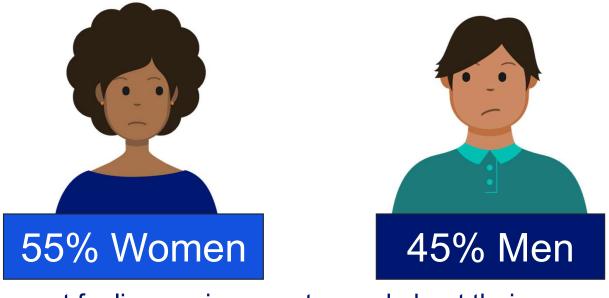
Stress is also highest for young adults Percent who say: "Discussing my finances can make my heart race or make me feel stressed."



Source: FINRA: Financial Anxiety and Stress among U.S. Households: New Evidence from the National Financial Capability Study and Focus Group, April 2021, Andrea Hasler, et al

### "Adulting" can be really hard (2 of 4)

### Feeling the stress



### report feeling anxious or stressed about their money.

Source: FINRA: Financial Anxiety and Stress among U.S. Households: New Evidence from the National Financial Capability Study and Focus Group, April 2021, Andrea Hasler, et al

# "Adulting" can be really hard (3 of 4)

### Know the signs and the steps to take

Don't let your concerns derail your good progress building a strong financial future



### "Adulting" can be really hard (4 of 4)

### Let's help relieve some of your financial stress

Sometimes, it's a challenge to get started. Here's what I suggest...



### Personal Budget

- Start by setting up (or updating) your budget.
- Be honest about your spending.
- Then, you can make adjustments.

### Retirement Plans

- It might seem a long way off but planning now gets you ahead.
- Start small, then increase over time.
- Let compounding work for you.

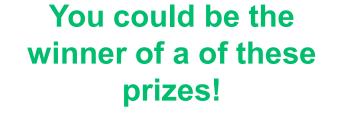
### Healthy Financial Habits

- You'll leave with five good habits for your financial future.
- Most important: you have a lot of resources right here at AIG Retirement Services.

### Prizes



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# Setting up your personal budget.

# Setting up your personal budget (1 of 5)

AIG	AIG Retirement Services
Enroll now! Be prepared for your future. Your employer's netween plan could be see of your most valuable benefits.	1

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Essential living expense

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# Create a budget

	0 0		ivicii	
INCOME				
Salary	\$ 2,800	\$ 2,800	\$ 2,800	
Investment gains	0	0	0	
Bonus	175	225	95	
Tips	350	500	275	
TOTAL	\$3,325	\$3,525	\$3,170	
EXPENSES				
Rent/mortgage	\$1,200	\$1,200	\$1,200	7
Car payment	375	375	375	
Insurance	150	150	150	<b>Fixed</b>
Student Loan	200	200	200	Fixed
Credit card	125	125	125	
Savings	50	50	50	
Groceries	150	225	175	]
Utilities	325	250	275	
Entertainment	100	275	150	Variable
Personal/misc.	150	210	175	
TOTAL	\$2,825	\$3,060	\$2,875	
BALANCE (INCOME – EXPENSES)	\$500	\$465	\$295	

Jan

Feb

Mar

### Setting up your personal budget (2 of 5)

### A budget-buster: college loan debt

43M	\$1.59T
Total number of borrowers with federal student loan debt.	Total outstanding federal student loan debt.

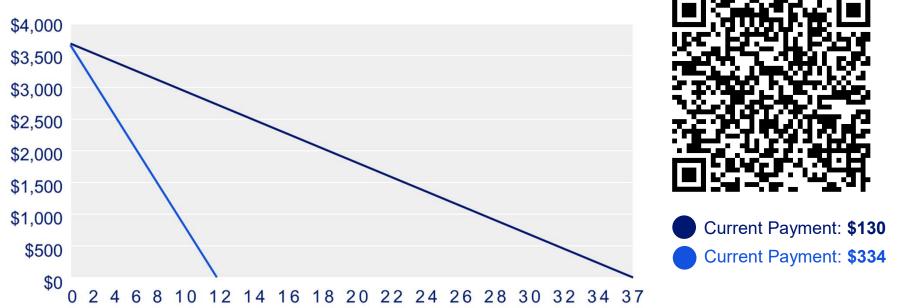
- Bachelor degree debt: \$28,950
- Graduate school debt: \$71,000
- MBA student debt: \$66,300

Tip: Watch for changes in the forbearance rules. Check eligibility in loan forgiveness programs if your job is in the public sector.

Source: data as of March 31, 2021. U.S. Department of Education and NerdWallet Student Loan Debt Statistics: 2021, Anna Helhoski, Ryan Lane Jul 15, 2021

# Setting up your personal budget (3 of 5)

### Getting credit card debt under control

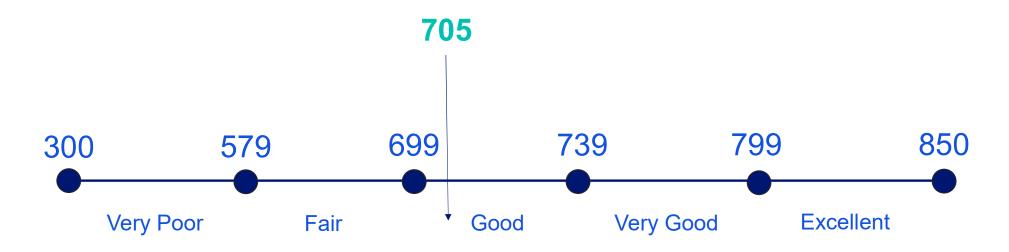


Tip: Enter each of your credit card balances into the AIG Retirement Services Credit Card Payoff Tool. See where you might pay down your debt faster.

Source: AIG Retirement Services Credit Card Payoff Calculator https://www.aigrs.com/education-center/tools-and-calculators/credit-card-payoff-calculator 18

### Setting up your personal budget (4 of 5)

### Know your credit score and how to improve it

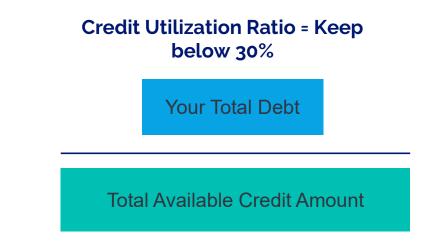


# Setting up your personal budget (5 of 5)

### "Amounts Owed" is 30% of your credit score calculation

#### **5 Key Considerations**

- 1. Total amount owed
- 2. Payment history
- 3. How many accounts have balances
- 4. Credit utilization ratio on revolving credit
- 5. Installment loan balance vs. original note



Source: myFICO.com <u>https://www.myfico.com/credit-education/whats-in-your-credit-score</u> Experian.com <u>https://www.experian.com/blogs/ask-experian/credit-education/score-basics/credit-utilization-rate/</u>

# Why The UT Voluntary Plans?

### **Retirement Income**



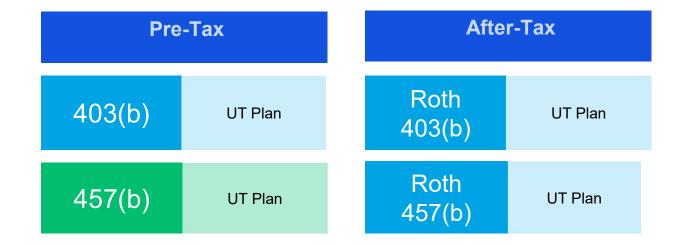


UT Voluntary Savings Plans 403b and 457

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# **UT Voluntary Plans**

**UT Voluntary Plans** 



<sup>1</sup> Income taxes are payable upon withdrawal; federal restrictions and a 10% federal early withdrawal tax penalty might apply to withdrawals prior to age 59½. <sup>2</sup> Roth contributions are after-tax contributions.

# **UT Voluntary Plans**

2022	Traditional and Roth		
	403(b)	457(b)	
Annual limit	\$20,500	\$20,500	
Contribution method	Deferral via salary-reduction agreement		
Age-based catch-up (50+)	\$6,500	\$6,500*	

**Contribution limits** 

\*Not applicable to 457(b) tax-exempt organizations.

# Awesome Advantages of The UT Voluntary Plans

- 1. Tax advantaged savings
- 2. Roth Provision in both plans
- 3. You pay yourself first!
- 4. Mitigates or eliminates your "Shortfall"!
- 5. You choose your own investments

### Getting your retirement going (1 of 5)

### How much might you need to save for retirement?



# Getting your retirement going (2 of 5)

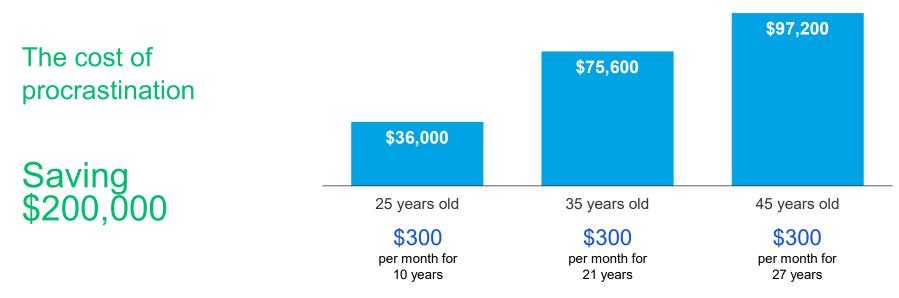
### How much might you need to save for retirement?

Starting at age	Annual Retirement Savings Rate	By age 65 you'd have…
25	5%	\$414,965
	10%	\$829,931
	15%	\$1,244,896
35	5%	\$228,227
	10%	\$456,455
	15%	\$684,682

The following is an example based on the U.S. median household annual income of \$68,703\* and assumes a 5% annual return.

\*Income and Poverty in the United States: 2019. ensus.gov. September 15, 2020.

### Getting your retirement going (3 of 5)



This hypothetical example compares the total out-of-pocket costs required to fund the retirement goals of an investor if the investor started contributing \$300 a month at different ages. This example assumes a 5% annual rate of return. Tax-qualified plan accumulations are taxed as ordinary income when withdrawn. Federal restrictions and tax penalties can apply to early withdrawals. This information is hypothetical and only an example. It does not reflect the return of any investment and is not a guarantee of future income. Investing involves risk, including possible loss of principal. NOTE: \$300 in pretax contributions would equal about \$400 out of pocket if paid with after-tax dollars.

### Getting your retirement going (4 of 5)

Even small contributions can make big differences

Investing for 40 years may help you reach your retirement goals.

Save \$100/wk	\$644,037
Save \$75/wk	\$483,028
Save \$50/wk	\$322,018

Tip: Try out the AIG Retirement Services Savings Calculator to see how your savings may deliver more

Source: AIG Savings Calculator. Assumes starting amount is \$0. Save weekly for 40 years. 5% rate of return compounded annually.





# Getting your retirement going (5 of 5)

Balancing debt repayment with saving for retirement

- Make it visual: Lay out a timetable for better planning
- Aim to save: Start small then get to the match
- Accelerate debt payments: When close to the end of debt repayments, pay more. Then switch some of your "newfound" money to retirement

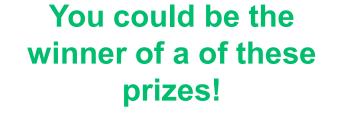
Remember to celebrate your financial successes!

Is it even possible to do both? YES!

### Prizes



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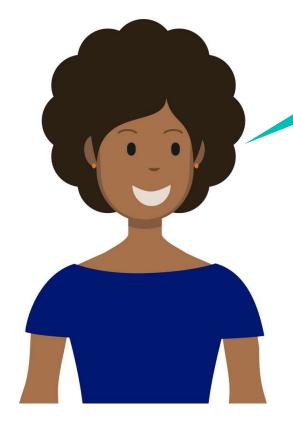
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# Establishing healthy financial habits.

# Establishing healthy financial habits (1 of 2)



These are the "golden rules" I try to keep in mind every time I go in a store...

- Spend less than you earn
- Pay yourself first

# Establishing healthy financial habits (2 of 2)

### Bite off information in each of these areas over time

- Understand your benefits at work: take full advantage of protections – disability, life, & health insurance
- 2 Split your raise: consider increasing contributions to your retirement plan 1%, perhaps use the rest to pay down debt
- **3** Save before you spend: for big purchases, holiday shopping, vacations

# Action steps.

# Action steps (1 of 6)

### Ask for help

I start with articles and using the AIG **Retirement Services** online tools...





LIFE EVENTS



How to manage work-life balance





4 ways to reduce financial stres

MONEY MANAGEMENT BASICS







Should I dip into my retirer savings?

The do's and don'ts of portfolio allocation

RETIREMENT PLANNING



Getting your retirement savings back on track





Plan for the phases of retirement



# Action steps (2 of 6)

### Ask for help

Then, I call an AIG Retirement Services financial professional ...



- Where do I stand today with my retirement account?
- How can I make sure I get the most from my investments?
- Does adding 1% to my contributions really make a difference?
- What ideas do you have for helping me save more?

Investing involves risk, including the possible loss of principal. Investment values of variable products fluctuate so that investment units, when redeemed, may be worth more or less than their original cost.



# Action steps (3 of 6)

### Do you know what AIG Retirement Services can offer you?

For more than half a century, AIG Retirement Services has helped Americans plan for and enjoy a more secure financial future.  $\checkmark$ 

Prioritize your investment goals



Identify and analyze the risks to your retirement income



Determine the time horizon needed to achieve your goals



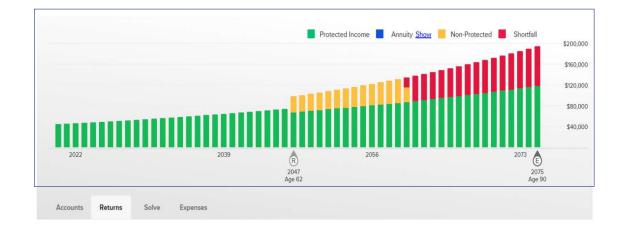
Determine a financial strategy to help meet your goals



# Action steps (4 of 6)

### Retirement Pathfinder<sup>®</sup> Get answers to your questions:

- Can I retire when I planned?
- How much monthly income will I need?
- Am I currently saving enough?
- Is it possible to guarantee my retirement income?
- Will I outlive my retirement savings?
- What happens if I die prematurely?



Action steps (5 of 6)

# GO TO UT's: MYRETIREMENTMANAGER.COM

# Sign In New User Enter User ID and Password

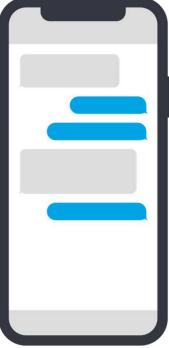
# Action steps (6 of 6)

### TEXT (512) 831-2112

Your Name

Worksite Name





# Action steps (6 of 6)

### Schedule an appointment today!

Sign up to benefit from personal attention and get answers to help you plan for a more secure financial future.



Kevin Konkal Financial Advisor

Cell: (512) 831-2112 Email: Kevin.Konkal@aig.com

District Office: (972) 383-7208 2745 Dallas Pkwy, Ste 480, Plano, TX 75093



Bear in mind investment involves risk, including possible loss of principal.

Withdrawals may be subject to federal and/or state income taxes. A 10% federal early withdrawal tax penalty may apply if taken before age 59½ in addition to ordinary income tax.

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# Thank you!



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